



## Show Time!

This lesson plan and activities link to the curriculum in England, Northern Ireland, Scotland and Wales. Please download your curriculum chart.

Activities to help your pupils understand how top actors, musicians and dancers become successful by working hard and practising their skills to make sure they can be the best they can be. Discuss the different skills that your pupils have and harness them to get involved with Histiocytosis Show Time.

### Class discussion:

- Ask pupils to think of and name some of their favourite actors, musicians and dancers. Record the pupils' ideas on the whiteboard.
- Ask pupils what they think these people have had to do to become successful. They may mention having to practise and rehearse, work hard on their dancing, learn their lines and practise playing their instruments.
- Ask pupils how often they think these people have to practise their skills.
- Ask pupils if any of them act, dance or play an instrument and discuss with them how often they go to class or practise their skills.

### Group activity:

- Split the class into small groups and ask them to talk about any concerts, shows or performances that they have been involved with in or outside school where they have had to practise and rehearse. If pupils have not been part of a creative performance ask them to discuss a sporting event they may have been a part of or anything where they have had to prepare to take part.
- Ask pupils to list the different skills they had to use for their performance, this could be their memory skills to remember their lines or dance moves, their physical skills to move on stage, their vocal skills to sing and speak etc. How many different skills did they all end up using?

This lesson plan and activities link to the curriculum in England, Northern Ireland, Scotland and Wales. Please download your curriculum chart.



## Show Time!

### Individual task:

- Ask pupils to choose a favourite actor, dancer or musician and carry out some research to find out when they started in their profession, what skills they need to use to do their job and how often they need to train, practise and rehearse their skills. This could be set as a homework task.
- Discuss the pupils' findings with the rest of the class to discover how hard professional actors, dancers and musicians have to work to be at the top of their field. The pupils' research could also be displayed in the classroom.

### Get involved:

Encourage your pupils to use their skills to take part in Hystio UK'S Show Time. This is an annual UK-wide fundraising event where pupils, young or old performers of any age can get sponsored to put on a performance or show. Show Time is easy and fun to take part in and is for everyone, any age, ability and all styles of entertainment. Find lots of ideas and support at [www.hystiouk.org](http://www.hystiouk.org).

### About Hystio UK

Hystio UK is the UK's leading histiocytosis charity for Children, young people, adults and their families. We fund research and provide information support. Find out more at [www.hystiouk.org](http://www.hystiouk.org).